



Facial Enhancement That's Right For You

IN THIS AGE OF information overload and sleek marketing, finding out what facial cosmetic procedure is right for you can seem like a daunting task. First, one must ask the question, what type of result am I looking to achieve? If subtle enhancement is the goal, then a non-invasive approach would be appropriate.

If significant transformation with elimination of substantial sagging tissue is your objective then the skilled hands of an experienced facial plastic surgeon may be your best option. In the non-invasive realm, there simply is no comparison to the results achieved through the combination of Botox Cosmetic, dermal filler and fractional laser technology.



It is natural for most people to feel apprehensive about the idea of having injections or laser devices applied to their face. However, when in the hands of well qualified and experienced practitioners that approach their work with a

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sense of artistry and pride, there really is little to fear. And the results are worth it!!!

Botox Cosmetic injection is a great procedure for reducing that tired and often intense look we get from forehead and frown lines, not to mention the agedness associated with “crow’s feet”.

Hyaluronic acid based dermal fillers such as Teosyal, Juvederm and Restylane work remarkably well in gently restoring volume loss in the cheek and mid-face region as well as enhancing the fullness of lips.

Non-ablative fractional laser resurfacing devices like the Cynosure Affirm Multiplex are both safe and highly effective in improving the overall textural quality of sun-damaged skin by reducing pore size, fine lines, uneven pigmentation as well as skin tightening. The level of

collagen remodelling attained with the Affirm laser is not only useful in anti-aging but has also helped many of my acne scar patients achieve great improvement.

These days, the relative affordability of these technologies when compared to more invasive procedures has really made facial enhancement and rejuvenation attainable for many more people. And why not? When in the right hands, they produce great results safely, with little or no downtime and certainly need not be feared.



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Dr. Nino Kuzmar is a University of Toronto Medical Graduate and founding medical director of the St. Clair Cosmetic & Laser Clinic. He is a cosmetic physician with a special interest in non-surgical facial rejuvenation.

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